

P.A.R.

ACTIVITY 4

### MAJOR ACHIEVEMENTS

The purpose of this exercise is to prepare information on two or three major achievements during your education and extra curricula activities.

- (P) Describe the initial problem or situation.
- (A) What actions did you take?
- (R) Discuss the results that occurred.

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**Problem or situation** - the 'circumstances' in which events occurred and why action was required.

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**Action(s)** - briefly state the specific action(s) you took or directed.

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**Results** - the results achieved.

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Title of success or accomplishment described.

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Problem or situation.....

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Action(s).....

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Results .....

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Title of success or accomplishment described.

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Problem or situation.....

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Action(s).....

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Results .....

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